

Little Feet

Child Care^{LLC}

Week 1

Date:	Monday:	Tuesday:	Wednesday:	Thursday:	Friday:
Breakfast:	WG Toast Apples Milk	Waffles Bananas Milk	Bagels Pears Milk	English Muffins Oranges Milk	Chex Cereal Blueberries Milk
Lunch:	Beefy Mac N Cheese Ground Beef/Cheese Elbow Macaroni Peas Oranges Milk	Beefy Tacos Ground Beef WG Flour Tortilla Corn/Black Beans Pears Milk	Chicken Pesto Diced Chicken Pasta/Pesto Sauce Green Beans Apples Milk	Mini Corn Dogs Corn Dogs Wild Rice Carrots Bananas Milk	Sandwiches Ham N Cheese WG Bread Chicken Noodle Soup Peas/Carrots Milk
PM Snack:	Graham Crackers Peaches Milk	Cheese Wedges Apples Milk	WG Triscuits Strawberries Milk	WG Wheat Thins Pears Milk	Ritz Crackers Oranges Milk

Week 2

Date:	Monday:	Tuesday:	Wednesday:	Thursday:	Friday:
Breakfast:	Biscuits Peaches Milk	WG French Toast Bananas Milk	WG Muffins Blueberries Milk	WG Oatmeal Apples Milk	WG Cheerios Cereal Pears Milk
Lunch:	Goulash Ground Beef/Cheese Elbow Mac/Corn Green Salad/Ranch Apples Milk	Barbecue Chicken Chicken Tenders Brown Rice/Biscuits Green Beans Oranges Milk	Pizza Pasta Sausage/Cheese Rotini Pasta Peas Pears Milk	Beefy Spaghetti Meatballs/Sauce Spaghetti Pasta/Rolls Peas Peaches Milk	Sandwiches PB & J/Cheese Sticks WG Bread Carrots Sticks Bananas Milk
PM Snack:	WG Wheat Thins Milk	Pita Bread Hummus Milk	Cheese Cubes Snap Peas Water	Granola Bars Strawberries Milk	Tator Tots Milk

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Week 3

Date:	Monday:	Tuesday:	Wednesday:	Thursday:	Friday:
Breakfast:	WG Kix Cereal Strawberries Milk	WG Muffins Blueberries Milk	Pumpkin Bread Pears Milk	WG Pancakes Bananas Milk	Sausage/Eggs Oranges Milk
Lunch:	Chicken N Pasta Chicken/Parm Cheese Rotini Pasta Carrots Pears Milk	Shrimp Linguine Shrimp/Sauce Linguine Pasta Asparagus Apples Milk	Chicken Alfredo Diced Chicken Pasta/Alfredo Sauce Peas/Carrots Bananas Milk	Mac N Cheese Mac N Cheese Breadsticks Snap Peas Peaches Milk	Sandwiches Turkey N Cheese WG Bread Vegetable Soup Peas/Carrots Milk
PM Snack:	French Fries Milk	Pizza Bites Pears Milk	WG Triscuits Cheese Sticks Milk	Saltines Peanut Butter Water	Bagels Milk

Week 4

Date:	Monday:	Tuesday:	Wednesday:	Thursday:	Friday:
Breakfast:	Bagels Peaches Milk	Rice w/Cinnamon Pears Milk	Pancakes Bananas Milk	WG French Toast Raspberries Milk	WG Cheerios Apples Milk
Lunch:	Meatloaf Ground Beef/Veggies Texas Toast Mashed Potatoes Apples Milk	Pizza Pepperoni/Cheese Crust Snap Peas Oranges Milk	Chicken Enchiladas Chicken/Cheese WG Tortilla Corn/Refried Beans Pears Milk	Fried Chicken Chicken Tenders Brown Rice/Biscuits Carrots Bananas Milk	Sandwiches Tuna N Cheese WG Bread Clam Chowder Soup Peas Milk
PM Snack:	Rice Milk	WG Toast Peanut Butter Milk	Hard Boiled Eggs Milk	Goldfish Peaches Water	Z Bars Pears Milk

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Week 5

Date:	Monday:	Tuesday:	Wednesday:	Thursday:	Friday:
Breakfast:	Biscuits N Gravy Pears Milk	Hard Boiled Eggs Peaches Milk	Bagels Apples Milk	Pancakes Blueberries Milk	Kix Cereal Bananas Milk
Lunch:	Bean/Cheese Burrito Refried Beans/Cheese WG Flour Tortilla Black Beans/Corn Pepper Slices Milk	Meat/Cheese Ravioli Ground Turkey Cheese Ravioli Pasta Peas Apples Milk	Breakfast Sandwich Sausage/Cheese/Egg English Muffins Hash Browns Pears Milk	Fish Sticks Fish Sticks Brown Rice/Rolls Green Beans Apples Milk	Sandwiches Chicken/Cheese WG Bread Chicken Noodle Soup Peas/Carrots Milk
PM Snack:	Animal Crackers Milk	Cottage Cheese Apricots Water	Peanut Butter Bananas Water	Saltines Turkey/Cheese Water	Peaches Milk

Week 6

Date:	Monday:	Tuesday:	Wednesday:	Thursday:	Friday:
Breakfast:	WG Pancakes Mandarin Oranges Milk	WG Waffles Mixed Berries Milk	English Muffins Bananas Milk	French Toast Sticks Apples Milk	WG Cheerios Cereal Pears Milk
Lunch:	Black Bean Nachos Ground Beef/Cheese Tortilla Chips Corn/Black Beans Pears Milk	Chili Ground Beef/Beans Cornbread Diced Potatoes Peaches Milk	Lasagna Ground Beef/Cheese Lasagna Mashed Potatoes Apples Milk	Chicken Patties Chicken Patties WG Buns Snap Peas Blueberries Milk	Sandwiches Hot Ham N Cheese WG Bread Green Beans Bananas Milk
PM Snack:	Carrots/Peppers Hummus Milk	Breadsticks Milk	Cottage Cheese Pears Water	Applesauce Milk	Ritz Crackers Milk

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Week 7

Date:	Monday:	Tuesday:	Wednesday:	Thursday:	Friday:
Breakfast:	Zucchini Bread Pears Milk	Waffles Peaches Milk	WG Toast Oranges Milk	Pancakes Mandarin Oranges Milk	Chex Cereal Bananas Milk
Lunch:	Street Tacos Ground Beef/Cheese WG Flour Tortilla Black Beans/Corn Pepper Slices Milk	Chicken Nuggets Chicken Nuggets Brown Rice/Biscuits Carrots Bananas Milk	Personal Pizzas Sausage/Cheese English Muffins Green Beans Apples Milk	Roasted Turkey Turkey Stuffing/Rolls Mashed Potatoes Carrots Milk	Sandwiches BLT/Cheese WG Bread Chicken Noodle Soup Peas/Carrots Milk
PM Snack:	Pizza Bagels Milk	Goldfish Crackers Apples Water	Animal Crackers Milk	Mini Corn Dogs Milk	Apples Milk

Week 8

Date:	Monday:	Tuesday:	Wednesday:	Thursday:	Friday:
Breakfast:	WG Toast Mandarin Oranges Milk	Biscuits Bananas Milk	WG Pancakes Peaches Milk	English Muffins Oranges Milk	WG Cheerios Cereal Apples Milk
Lunch:	Hot Dogs Beef Hot Dogs Hot Dog Buns Tator Tots Peaches Milk	Beefy Enchiladas Ground Beef/Beans WG Tortilla Corn/Black Beans Pears Milk	Baked Ham Ham Dinner Rolls Mashed Potatoes Sweet Potatoes Milk	Hamburgers Beef Patty WG Buns French Fries Pears Milk	Sandwiches Grilled Cheese WG Bread Carrots Bananas Milk
PM Snack:	Cheese Quesadilla Water	Ritz Crackers Cheese Water	Broccoli/Cauliflower Ranch Milk	Saltines Cheese Wedges Water	Cereal Mix Milk